

DINNER

without dessert is like breakfast without coffee, and the subject of dessert is one of constant anxiety to the housewife until she learns that

Jell-O



is always liked by the whole family. It is so delicious and the various flavors make it taste so different from day to day that no one ever grows tired of it.

It can be prepared in two minutes.

Jell-O comes in 6 fruit flavors: Lemon, Raspberry, Strawberry, Orange, Chocolate and Cherry.

10c. per package. Enough for 6 people.

Beautifully illustrated recipe book, free. Address, The Genesee Pure Food Co., Le Roy, N. Y.

"LADIES"

Your hair is your crowning beauty, so before going to socials and dinner parties, come to my Hair Dressing Parlor, where I have just added another expert French Hair Dresser and Hair worker, Mr. Nicholas Toussaint, late of Paris, who can take anything you wish from your combings and cut hair as well as dress your hair in latest style. We also do chiro-pody and manicuring and give you the best hair goods both in workmanship and quality that can be had in this section for the money. Don't forget the Place.

H. O. NICHOLAS

Hair Dressing, Manicure and Chiro-pody Parlors, 203 27th St., Sibley Building.

EYES

Are Workers

Sight is the only special sense which we use constantly except during sleep. Perfect eyes see without effort. The imperfect ones are constantly under muscular strain. Is it any wonder eye strain is so hurtful? How are your eyes? Consultation free. Satisfaction guaranteed.

Hull & Hull,

Opticians.
121 Twenty-sixth St., Op. P. O.
NEWPORT NEWS, VA.

YOU HAVE FOUND IT TRUE!

MUGLER'S

Cafe and Family
Liquor Store.

Is the best place to buy a PURE stimulant or a beverage, if you must have it.

My leading brands of bulk goods are Callingswood and Mount Vernon. We also carry a full stock of other brands of fine Whiskies.

Duffy's Malt, for medicinal purposes, 85c quart; Virginia Claret and California Wines, 25c quart.

JNO. E. MUGLER,

2312 Washington Avenue.
Bell Phone 67.

A Splendidly
Appointed

LADIES' & GENTLEMEN'S

RESTAURANT

AND
CAFE

Open from 6:30 A. M.
to 12 o'clock P. M.

Everything in Season
Efficient Service

Hotel Warwick

CURED
in 2 to 5 days.
Guaranteed
cure to all cases.
Froese's Cataplasms.
THE EVANS CHEMICAL CO.
CHICAGO, ILL.
U. S. A.

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Private Diseases
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Cures the most difficult cases in three days. Used by hospitals and clinics. Sold by

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3022 WASHINGTON AVENUE, NEWPORT NEWS, VA.
Sent by express on receipt of price, \$1.00

OPIUM
and WHISKY HABITS
cured at home with-
out pain. Book of par-
ticulars sent FREE.
B. M. WOOLLEY, M. D.
Atlanta, Ga. Office 101 N. Pryor Street.

The
Easter
Symbolism

By GEORGE H. PICARD

Copyright, 1906, by George H. Picard



THE symbolism of Easter, supreme among Christian festivals as it indisputably is, is so interwoven with the mysticism of paganism that it is practically impossible to fix definitely upon the origin of some of the legendary observances which have become common property. The genesis of the Easter rabbit, for instance, is involved in much obscurity. It is known that the rodent was used for sacrificial purposes long before the foundation of Christianity, and also that it was an animal sacred to Eostre, goddess of light, from whose name our term Easter is supposed to be derived.

How the rabbit became the custodian of the nest of gayly colored Easter eggs is no mystery to the German toy-maker. Each district has its own popular variant. Baden's legend is as follows:

In the mountains overlooking Freiburg early in the twelfth century there was an abbey of Benedictines who dominated the spiritual affairs of the entire countryside. At the abbey church the Easter festival was always celebrated with marked splendor, and it was visited on those occasions by the devout from all Germany. One of the chief attractions of the great feast was a series of religious tableaux representing the leading events in the

"Alone? Never!" he protested, with vehemence.

"I hate to keep you away from church on the only day in the year you ever go," she said.

"See here," said he, "we'll compromise. We'll attend service this morning at a place where your hat will not be conspicuous—at a place, in fact, where they will never know whether it is of the winter variety or the latest Easter creation. Will you go?"

"Of course I will," she replied. "They took a suburban car and rode to the end of the route. Then they walked a mile or so along a secluded road and presently turned into a clump of woods."

Elizabeth looked about her with interest, then turned to her companion. "And where is the church?" she asked.

"The groves were God's first temples," he quoted serenely.

"I believe you're glad the hat didn't come," she said.

He regarded her with quiet amusement.

"I believe I am," he returned. "I don't believe my hat will be unduly criticised here," she said, with a meaning glance in his direction.

"And I shall have you all to myself," he said, with content. "Let's perch on the fence and have an Easter service for two. There is at least one devout worshiper here," he said pointedly.

They climbed the low fence and sat down on the top rider. The air was soft, and it was freighted with the smell of warm, wet earth. The sunlight through the branches made an interwoven shadow fabric on the ground. Bird voices piped with a pleasant plaintiveness.

"It's good to be alive," he commented.

"Isn't it?" she said.

"And to be here," he went on.

"Rather than at the Church of the Apostles?" she asked.

"Decidedly," he averred. "I've much more courage here."

"More courage?" she questioned.

"Yes. More courage to make an Easter confession," he explained.

"Shall I be given absolution?"

"That depends. It isn't murder, is it?"

"More like suicide, I imagine," he re-

CORDIAL INVITATION

ADDRESSED TO WORKING GIRLS

Miss Barrows Tells How Mrs. Pinkham's Advice Helps Working Girls.



Girls who work are particularly susceptible to female disorders, especially those who are obliged to stand on their feet from morning until night in stores or factories.

Day in and day out the girl toils, and she is often the bread-winner of the family. Whether she is sick or well, whether it rains or shines, she must get to her place of employment, perform the duties exacted of her—smile and be agreeable.

Among this class the symptoms of female diseases are early manifest by weak and aching backs, pain in the lower limbs and lower part of the stomach. In consequence of frequent sitting and irregular, and frequently there are faint and dizzy spells, with loss of appetite, until life is a burden.

All these symptoms point to a derangement of the female organism which can be easily and promptly cured by Lydia E. Pinkham's Vegetable Compound.

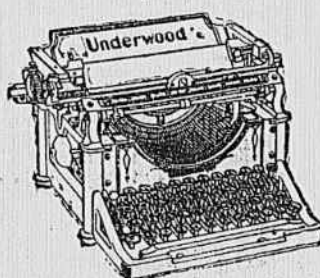
Miss Abby F. Barrows, Nelsonville, Athens Co., Ohio, tells what this great medicine did for her. She writes:

"I feel it my duty to tell you the good Lydia E. Pinkham's Vegetable Compound and Blood Purifier have done for me. Before I took them I was very nervous, had dull headaches, pains in back, and periods were irregular. I had been to several doctors, and they did me no good."

"Your medicine has made me well and strong. I can do most any kind of work without complaint, and my periods are all right."

"I am in better health than I ever was, and I know it is all due to your remedies. I recommend your advice and medicine to all who suffer."

It is to such girls that Mrs. Pinkham holds out a helping hand and extends a cordial invitation to correspond with her. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge. Her long record of success in treating women's ills makes her letters of advice of untold value to every ailing working girl. Address, Mrs. Pinkham, Lynn, Mass.

Get Through Your
Correspondence

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TYPEWRITER.

It saves 75 per cent. of the operator's time, which is your time.

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COMPANY

1212 EAST MAIN STREET,
RICHMOND, VA.

For Sale and Exchange

Twenty lots at Fordham, near Buckroe Beach, between the car lines, size 40x120. Price, \$1,000; will exchange for equity in rent producing property.

Eight-room house on Twenty-second Street, between Madison and Marshall, renting for \$12.00 per month. Price \$850.

High lot on Twenty-second Street, north side, between Madison and Marshall avenues. Price \$300; good terms.

Desirable lot at Merrimac, on car line, \$150.

Eight lots at North Newport News. Price, \$200. I have the choice lots at Sewall's Point, close to the Exposition grounds, at the right price. Call or write.

E. C. BROWN.

Real Estate.
2123 Madison Avenue,
NEWPORT NEWS, VIRGINIA.
Bell Phone 397.

PERFECTION.

has been reached in the equipment of our new saloon—up-to-date in every respect. Many a time, no doubt you would like to have had a cool glass of beer or a palatable drink of liquor, but the environment of the ordinary saloon was such that the desire was not gratified. Here a drink can be enjoyed to the fullest extent, where sanitation and service reign supreme.

G. W. TODD,
313 Twenty-eighth Street

H. E. BOYKIN

Rqm 2, Braxton Building.

2711 Washington Ave.

Bonds, Stocks, Cotton, Grain and Provisions bought and sold outright or carried on margin. Private wires to New York and Chicago. Correspondents M. J. Sage & Co., New York.

TRANSPORTATION GUIDE.

SEABOARD

AIR LINE RAILWAY.

SHORT LINE TO PRINCIPAL CITIES OF THE SOUTH AND SOUTHWEST. FLORIDA, CUBA TEXAS, CALIFORNIA AND MEXICO, REACHING THE CAPITALS OF SIX STATES.

Schedule in Effect July 23, 1905.

Route.	No. 41.	No. 42.
Lv Norfolk (via Ferry)	9:00 a.m.	8:24 p.m.
Lv Portsmouth	9:25 a.m.	8:59 p.m.
Lv Suffolk	9:54 a.m.	9:22 p.m.
Ar Lewiston N. C.	1:00 p.m.	
Lv Weldon	11:55 a.m.	11:30 p.m.
Lv Henderson	2:10 p.m.	1:49 a.m.
Lv Raleigh	4:00 p.m.	3:25 a.m.
Ar Southern Pines	6:16 p.m.	5:38 a.m.
Ar Hamlet	7:30 p.m.	6:45 a.m.
Ar Wilmington		12:45 p.m.
Ar Charlotte	10:45 p.m.	10:00 a.m.
Lv Hamlet	10:15 p.m.	6:45 a.m.
Lv Columbia	12:30 a.m.	10:00 a.m.
Ar Augusta		5:20 p.m.
Ar Savannah	4:45 a.m.	2:20 p.m.
Ar Jacksonville	8:55 a.m.	6:50 p.m.
Ar Tampa	6:35 p.m.	7:35 a.m.
Lv Hamlet, N. C.	10:15 p.m.	7:20 p.m.
Ar Athens	6:03 a.m.	2:22 p.m.
Ar Atlanta	7:40 a.m.	3:40 p.m.
Ar Birmingham		9:25 p.m.
Ar Macon	11:10 a.m.	7:20 a.m.
Ar Montgomery	6:25 p.m.	9:20 p.m.
Ar Mobile		2:55 a.m.
Ar New Orleans		7:15 a.m.
Ar Chattanooga	1:00 p.m.	9:05 p.m.
Ar Nashville	6:55 p.m.	6:40 a.m.
Ar Memphis	8:45 a.m.	8:45 p.m.

Connections at Jacksonville and Tampa for all Florida East Coast Points, Cuba and Porto Rico.

Only line out of Norfolk operating through sleeper to Charlotte, N. C.

No. 32 arrives at Portsmouth daily at 8:00 a. m.

No. 38 arrives at Portsmouth daily at 5:30 p. m.

J. W. BROWN, Jr.,
Passenger Agent, cor. Main and Granby Sts., New Atlantic Hotel Bldg., Norfolk, Va.

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TRANSPORTATION GUIDE.

Norfolk and Newport
News Express.

PINE BEACH ROUTE.
IN EFFECT NOVEMBER 16, 1905.
Connecting with the fast iron steamer ENDEAVOR.

Leave Norfolk for Newport News—6:20, 7:30, 9:00, 10:30, 12:00, 1:15, 3:00, 4:30, 6:00, 7:30. (Saturday and Sunday only, 10:45 p. m.)

Leave shipyard, Newport News for Norfolk—7:15, 8:45, 10:15, 11:45, 1:15, 2:45, 4:15, 5:45, 7:15, 8:15. (Saturday and Sunday only, 10:45 p. m.)

Schedule cards of local cars at ticket office, Atlantic street, Norfolk. * Saturday and Sunday only.

LATE BOATS, MONDAY FRIDAY—EXTRA.

Geo. W. Hatch, Supt., Norfolk, Va.

H. H. Carr, Gen'l Mgr., Hampton, Va.

Chesapeake &
Ohio Railway

HOURS THE QUICKEST LINE

See E. W. Robinson, Agent C. & O. Ry., Before Arranging for your trip. Through Trains Vested, Electric Lighted, Steam Heated, Dining Cars a La Carte through the grandest scenery East of the Rocky Mountains.

For Richmond, Cincinnati, Indianapolis, St. Louis, Chicago, Louisville, Nashville, Memphis, West and Southwest:

10:10 A. M., and 5:25 P. M. daily. Local for Richmond and James River Points:

7:40 A. M., week days. Local for Richmond: 8:40 P. M., week days.

STEAMSHIP COMPANIES.

Norfolk & Washington
Steamboat Company

The new and powerful Iron Palace steamers, Newport News, Washington and Norfolk will leave daily as follows:

NORTHBOUND.
Leave Portsmouth, foot of North street 8:24 p.m.

Leave Norfolk, foot of Water street 6:08 p.m.

Leave Old Point Comfort. 7:00 p.m.

Arrive in Washington. 7:00 a.m.

Arrive in Philadelphia, Penn. R. R. *10:50 a.m.

Arrive in Philadelphia, B. & O. R. R. *11:10 a.m.

Arrive in New York, Penn. R. R. *1:16 a.m.

Arrive in New York, B. & O. R. R. *2:00 p.m.

SOUTHBOUND.
Lv. New York, Penn. R. R. *12:00 p.m.

Lv. New York, B. & O. R. R. *1:00 p.m.

Lv. Philadelphia, Penn. R. R. 2:55 p.m.

Lv. Phila. B. & O. R. R. 2:08 p.m.

Ar. Washington, Penn. R. R. 6:10 p.m.

Ar. Washington, B. & O. R. R. *6:00 p.m.

Lv. Washington *7:30 p.m.

Ar. Old Point Comfort. *7:00 a.m.

Ar. Norfolk *8:30 a.m.

Ar. Portsmouth *8:30 a.m.

* Daily. ** Daily except Sunday.

The trip down the historic Potomac River and Chesapeake Bay on the elegant steamers of this company is unsurpassed. The steamers are comparatively new, having been built in 1891 and are fitted up in the most luxurious manner, with electric lights, call bell and steam heat in each room. The tables are supplied with every delicacy of the season from the markets of Washington and Norfolk. For tickets, reservation of staterooms and further information apply to D. J. CALLAHAN, Agent, Norfolk, Va.

Merchants' & Miners'
Transportation Co.'s

Steamship Lines for Boston, Providence and Baltimore.

Leave Newport News, via Norfolk, for Boston every Tuesday, Wednesday, Friday and Sunday. Leaves for Providence every Monday, Thursday and Saturday, sailing from Norfolk at 6:00 p. m.

Leave Newport News for Baltimore daily, except Tuesday and Wednesday, at 6 p. m., connecting for Washington, Philadelphia and New York.

Fare to Baltimore, one way, \$3.00; round trip, \$5.00, including stateroom berth accommodations and cuisine unequalled.

Freight and passengers taken for all points North and South. Steamers leave Baltimore, foot of Long Dock, daily, promptly at 6 p. m.

Only line running a Sunday steamer between Newport News and Baltimore. For further information apply to D. R. McNEILL, Agent, Newport News, Va.

W. P. TURNER, G. P. A.
J. C. WHITNEY, A. D. STEBBINS
2d V. P. & T. M. Gen'l Mgr.
General Offices, Baltimore, Md.

Clyde Steamship Co.

Steamers to Philadelphia
MONDAY, THURSDAY and SATURDAY.
Sailing from Philadelphia.
TUESDAY, THURSDAY and SATURDAY.
Freight received and delivered daily at C. & O. Pier No. 6, Office, River Road. JAS. W. McCARRICK, Gen. Southern Ast.

The German Treatment is the Only Cure.
PROF. C. F. THEEL, M.D.
327 NORTH SIXTH ST., Philadelphia.
Specialties: Rheumatism, Gout, Gravel, Catarrh of the Bladder, Neuritis, Sciatica, etc. Guarantees to cure or refund money. Treats all cases of Rheumatism, Gout, Gravel, Catarrh of the Bladder, Neuritis, Sciatica, etc. 40 years practice. Send for German medicine and book. Hours 10 to 12 a.m. and 2 to 4 p.m.